

2<sup>nd</sup> Annual  
Marietta Ice Center  
Spring Open Competition  
Sunday, May 17<sup>th</sup> 2009



Hosted By:

The Marietta Ice Center

Events to take place at:

4880 Lower Roswell Rd.

Marietta, GA 30068

770-509-5067

Competition Director: Chrissy Imperiale

Application Deadline: April 14, 2009



The Spring Open USFS Competition is sponsored by the Marietta Ice Center located at 4880 Lower Roswell Road Marietta, Ga. 30068. Events will be held at the Marietta Ice Center on May 17<sup>th</sup>, 2009.

The Spring Open is designed to promote a fun introduction to the competitive sport of figure skating for beginner skaters. The competition is open to Snowplow Sam, Basic 1-8, Free Skate 1-6 and No-test- Preliminary skaters and will be conducted in accordance with the rules set forth in the U.S. Figure Skating Rulebook (where applicable), except as noted in this announcement. Participating in the Spring Open Basic Skills competition requires private lesson instruction. If you are interested in participating please contact an instructor of your choice to schedule private lessons.

<http://www.themicice.com/pages/figure-skating/coaching-staff.php>

**Eligibility** The competition is open to ALL skaters who are current eligible members of either the Basic Skills program and/or are full members of USFS. To be eligible skaters must have submitted a membership application or be a member in good standing. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters in other events may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition.

Skaters must compete at highest level passed as of the designated closing date for entries.

Please note: If a skater competes at a non-qualifying competition in a Beginner or "No Test" category, then the skater must compete at the equivalent or higher level in a Basic Skills approved competition.

**Entries and Fees** All entries must be postmarked no later than April 11, 2009 and are limited to the first 150 applications received. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers. Entry fees are per person, U.S. dollars. First event is \$40.00 and \$10 dollars for each additional event. No refunds after closing date unless event is canceled by The Marietta Ice Center. Entry Forms Must Be Filled-Out Completely and returned with the entry fee checks made payable to The Marietta Ice Center. There will be a \$25.00 fee for returned checks.

**Awards** Medals will be awarded to first – fourth place skaters. All awards will take place at appropriate and scheduled times through out the competition.

**Schedule of Events** Will be posted at The Marietta Ice Center, on [www.themicice.com](http://www.themicice.com) and mailed to participating rinks no later than May 10, 2009.

**Practice Ice** Practice Ice will be available May 17, 2009 (see enclosed practice ice registration form) Space is limited.

**Music** The music for all free skating programs must be provided on CD and clearly marked with the name of the skater, event entered, and length of music. Music is to be turned in at the time of registration.

**Registration** Please register 45 minutes before your scheduled event time.

**If you have any questions please contact The MIC's Skating School Director, Chrissy Imperiale at [chrissyimperiale@yahoo.com](mailto:chrissyimperiale@yahoo.com) or 678-656-7902.**

**REQUIREMENTS  
BASIC ELEMENT EVENTS**

**U.S. Figure Skating Snowplow Sam - Basic 8**

- Required elements to be skated in order listed on 1/2 ice surface without music. ● Time is 1:00 or less.
- Deductions will be taken for additional elements.

Level	Requirements	Level	Requirements
<b>Snowplow Sam - Tots</b>	1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles, 2 - 3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2 - 6 in a row	<b>Basic 5</b>	1. Backward outside edge on a circle, clockwise or counterclockwise 2. Backward crossovers, 6 - 8 consecutive, both directions 3. One-foot spin, minimum of 3 revolutions 4. Hockey stop 5. Side toe hop, either direction
<b>Basic 1</b>	1. Forward two-foot glide 2. Forward two-foot swizzles, 6 - 8 in a row 3. Forward snowplow stop 4. Backward wiggles, 6 - 8 in a row		<b>Basic 6</b>
<b>Basic 2</b>	1. Forward one-foot glide - either foot 2. Forward alternating 1/2 swizzle pumps, in a straight line, across the width of the ice 3. Two foot turn in place, forward to backward 4. Backward two foot swizzles, 6 - 8 in a row 5. Moving snowplow stop	<b>Basic 7</b>	
<b>Basic 3</b>	1. Forward stroking 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counterclockwise, 6 - 8 consecutive 3. Moving forward to backward two-foot turn, either direction 4. Backward one-foot glide, either foot 5. Two-foot spin		<b>Basic 8</b>
<b>Basic 4</b>	1. Forward outside 3-turn, right and left from a standstill 2. Forward outside edge on a circle, clockwise or counterclockwise 3. Forward crossovers, 6 - 8 consecutive, both directions 4. Backward stroking 5. Backward snowplow stop, right or left		

**FREE SKATE COMPULSORY ELEMENTS - NO MUSIC**

**U.S. Figure Skating Free Skate Levels 1 - 6**

- The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable).
- The skating order of the required elements is optional.
- To be skated on 1/2 ice surface in program form using a limited number of connecting steps **without music**.
- Maximum time is 1:00
- A .2 deduction will be taken for each element of a higher level.
- Skaters may compete at the highest free skate level passed or one level higher (but not both levels in the same event).

Level	Requirements	Level	Requirements
<b>Free Skate 1</b>	1. Advanced forward stroking - 4 - 6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2 - 4 outside and 2 - 4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump	<b>Free Skate 4</b>	1. Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counterclockwise 2. Forward power 3's, 2 - 3 consecutive sets, right or left 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<b>Free Skate 2</b>	1. Forward outside spiral, right or left, and a forward inside spiral, right or left 2. Waltz Three's, right or left 3. Beginning back spin, entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump	<b>Free Skate 5</b>	1. Spiral sequence: FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<b>Free Skate 3</b>	1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls, 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop	<b>Free Skate 6</b>	1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills curriculum Free Skate 6) 2. Camel, sit spin combo, minimum of 4 revs total 3. Split jump or stag jump 4. Waltz/1/2 loop/Salchow jump combo 5. Lutz jump

## BASIC PROGRAMS WITH MUSIC (Vocals Permitted)

### U.S. Figure Skating Snowplow Sam (Tots) - Basic 8

- Program duration is 1:00 +/- 10 seconds, to be skated on full ice surface ● Vocal music is allowed. ● The skating order of the required elements is optional. ● The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. ● Skater may use elements from a previous level.
- A .2 deduction will be taken for each element of a higher level. ● Skaters will be judged on technical merit and presentation.

Level	Requirements	Level	Requirements
<b>Snowplow Sam (Tots)</b>	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 2 - 3 in a row</li> <li>3. Backward wiggles, 2 - 6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<b>Basic 5</b>	<ol style="list-style-type: none"> <li>1. Backward outside edges on a circle, clockwise or counterclockwise</li> <li>2. Backward crossovers, 6 - 8 consecutive, both directions</li> <li>3. One foot spin, minimum 3 revolutions</li> <li>4. Side toe hop, either direction</li> <li>5. Hockey stop</li> </ol>
<b>Basic 1</b>	<ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two-foot swizzles, 6 - 8 in a row.</li> <li>3. Backward wiggles, 6 - 8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<b>Basic 6</b>	<ol style="list-style-type: none"> <li>1. Forward inside 3 turn from a standstill, right and left.</li> <li>2. Bunny hop</li> <li>3. Forward arabesque spiral on a straight line, right or left</li> <li>4. Lunge, right or left</li> <li>5. T-stop, right or left</li> </ol>
<b>Basic 2</b>	<ol style="list-style-type: none"> <li>1. Forward one-foot glide, either foot</li> <li>2. Two foot turn in place, forward to backward</li> <li>3. Backward two-foot swizzles, 6 - 8 in a row</li> <li>4. Forward alternating 1/2 swizzle pumps, in a straight line across the width of the ice</li> <li>5. Moving snowplow stop</li> </ol>		<b>Basic 7</b>
<b>Basic 3</b>	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward 1/2 swizzle pumps on a circle, either clockwise or counterclockwise, 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide, either foot</li> <li>5. Two-foot spin</li> </ol>	<b>Basic 8</b>	
<b>Basic 4</b>	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle, clockwise or counterclockwise</li> <li>2. Forward crossovers, 6 - 8 consecutive, both directions</li> <li>3. Forward outside 3 turn - right and left - from a standstill</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop, right or left</li> </ol>		

## FREE SKATE PROGRAMS WITH MUSIC

### U.S. Figure Skating Free Skate 1 - 6

- Program duration is 1:30 +/- :10 ● Program with music to be skated on full ice surface. ● No vocal music. ● Skaters may use elements from previous levels. ● A .2 deduction will be taken for each element of a higher level. ● Programs must contain all of the required elements listed and will be judged on technical merit and presentation. ● Skaters may skate at the highest free skate level passed or one level higher (but not both levels in the same event).

Level	Requirements	Level	Requirements
<b>Free Skate 1</b>	<ol style="list-style-type: none"> <li>1. Advanced forward stroking, 4 - 6 strokes</li> <li>2. Forward outside or inside consecutive edges, 2 - 4</li> <li>3. Scratch spin from back crossovers</li> <li>4. Waltz jump from back crossovers</li> <li>5. Half flip jump</li> </ol>	<b>Free Skate 4</b>	<ol style="list-style-type: none"> <li>1. Spiral sequence: FI spiral, FI Mohawk, BO spiral, right or left</li> <li>2. Forward power 3's, 2 - 3 consecutive, right or left</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
<b>Free Skate 2</b>	<ol style="list-style-type: none"> <li>1. Forward outside spiral, right or left</li> <li>2. Waltz 3's, right or left</li> <li>3. Beginning back spin</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	<b>Free Skate 5</b>	<ol style="list-style-type: none"> <li>1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover, backward inside spiral, right or left</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop combination jump</li> <li>5. Flip jump</li> </ol>
<b>Free Skate 3</b>	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls, 4 - 6</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop jump or Salchow jump/toe loop jump</li> </ol>	<b>Free Skate 6</b>	<ol style="list-style-type: none"> <li>1. Five-step Mohawk sequence, 1 set alternating patterns</li> <li>2. Camel/sit spin combo, minimum of 4 revs total</li> <li>3. Split or stag jump</li> <li>4. Waltz jump/1/2 loop/Salchow combination</li> <li>5. Lutz jump</li> </ol>

**COMPULSORY MOVES EVENT NO TEST - PRELIMINARY**

Skaters may compete at their FREE SKATE test level or one level higher. Elements must be performed in a program without music and in any order with connecting steps. Mandatory deductions for additional elements such as jumps, spins, and repetition of unsuccessfully executed elements.

<b>LEVEL</b>	<b>JUMP ELEMENTS</b>	<b>SPINS</b>	<b>STEPS AND SPIRALS</b>	<b>TIME 1:10 (max in minutes)</b>
No Test  1/2 Ice	1. Single Salchow  2. Jump combo; Waltz jump and single toe loop  3. 1/2 Flip	Upright Spin  (Front Scratch)	Forward spiral on an edge  (L or R)	1:10 <b>MAX</b>
Pre-Preliminary  1/2 Ice	1. Single Loop Jump  2. Jump combo; Single salchow and single toe loop  3. 1/2 Lutz	Back Scratch Spin (min. 3 rev)	Forward inside spiral  (L or R)	1:15 <b>MAX</b>
Preliminary  1/2 Ice	1. Single Flip  2. Jump combo; Single loop and single loop  3. Split Jump	Sit Spin  (min. 3 rev)	Diagonal Step Sequence	1:15 <b>MAX</b>

## FREESKATE EVENT NO TEST – PRELIMINARY GENERAL RULES

- |   |   |
|---|---|
| <p>1. A minimum of two entries will comprise an event</p> <p>2. Free skate program duration is +/- :10, except as noted</p> | <p>3. Boys and Girls may be combined in events</p> <p>4. Given enough entries, No Test-Preliminary may be grouped by age.</p> |
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### ELIGIBILITY and REQUIREMENTS

Rules for Free Skate Programs are in accordance with general rules 3630 of the Rulebook, including all updates. The rule number refers to well-balanced program requirements. Skaters may compete at their current FREE SKATE test level or one level higher. Adults must be at least 21 years of age (Rule 3730).

LEVEL	REQUIREMENTS	TIME (+/- : 10 in minutes)
<b>No Test A</b>	May have passed Pre-Preliminary MITF ONLY. Maximum of 5 jump elements. Jumps allowed are Waltz, Salchow, Toe-Loop, and Half Jumps. NO Axel or double jumps are allowed. Up to 3 of the permitted jump elements may be combinations or sequences. One jump combo may contain 3 jumps; the remaining jump combos are limited to 2 jumps. The number of jumps in a jump sequence is free. Maximum of 2 spins of a different nature (min. 3 revs). Maximum of 1 step sequence (1/2 ice surface, required element).	1:30
<b>No Test B</b>	May have passed Pre-Preliminary MITF ONLY. Rule 3721, Page 284.	1:30
<b>Pre-Preliminary A</b>	Passed Pre-Preliminary FS, no higher. Maximum of 5 jump elements. No Axel, double jumps or triple jumps allowed. Up to 3 of the permitted jump elements may be jump combos or sequences. One jump combo may contain 3 jumps: the remaining jump combos are limited to 2 jumps. The number of jumps in a jump sequence is free. Maximum of 2 spins of different nature (min. 3 revs) Maximum of 1 step sequence (1/2 ice surface, required element)	1:30
<b>Pre-Preliminary B</b>	Passed Pre-Preliminary FS, no higher. Rule 3711, Page 283.	1:30
<b>Preliminary</b>	Passed Preliminary FS, no higher. Rule 3701, Page 282.	1:30

## BASIC SKILLS SHOWCASE

- Vocal music is allowed
- Skated on full ice
- Skaters will be judged on Presentation

Snowplow Sam Showcase: For skaters in Snowplow Sam 1-3

Music Time 1:00 ± 10 seconds

Basic Showcase A: For skaters in Basic 1-2

Music Time 1:00 ± 10 seconds

Basic Showcase B: For skaters in Basic 3-4

Music Time 1:00 ± 10 seconds

Basic Showcase C: For skaters in Basic 5-6

Music Time 1:00 ± 10 seconds

Basic Showcase D: For skaters in Basic 7-8

Music Time 1:00 ± 10 seconds

Basic Showcase E: For skaters in Freeskate 1-2

Music Time 1:30 ± 10 seconds

Basic Showcase F: For skaters in Freeskate 3-4

Music Time 1:30 ± 10 seconds

## NO TEST-PRELIMINARY SHOWCASE

- Vocal music is allowed
- Skated on full ice
- Skaters will be judged on Presentation

No Test A Showcase: ½ Jumps-Toe-Loop

Music Time 1:30 ± 10 seconds

No Test B Showcase: No Axel

Music Time 1:30 ± 10 seconds

Pre-Preliminary Showcase: NO Double Jumps

Music Time 1:30 ± 10 seconds

Preliminary Showcase

Music Time 1:30 ± 10 seconds

**The Marietta Ice Center**  
**Spring Open USFS Competition**  
**Sunday, May 17<sup>th</sup> 2009**

*Entry Form Deadline: Monday, April 20, 2009*

**Competitor Information:**

Name \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
 Phone # \_\_\_\_\_ Cell # \_\_\_\_\_  
 Rink/Team \_\_\_\_\_ Coach \_\_\_\_\_ Gender \_\_\_\_\_  
 USFS # \_\_\_\_\_ or Basic Skills # \_\_\_\_\_

Events: Please check event(s) you are entering:

**Freestyle Event:**

Snowplow	_____	Basic 1	_____	Basic 2	_____	Basic 3	_____
Basic 4	_____	Basic 5	_____	Basic 6	_____	Basic 7	_____
Basic 8	_____	Freestyle 1	_____	Freestyle 2	_____	Freestyle 3	_____
Freestyle 4	_____	Freestyle 5	_____	Freestyle 6	_____	No Test A	_____
No Test B	_____	Pre-Pre A	_____	Pre-Pre B	_____	Preliminary	_____

**Compulsories Event:**

Snowplow	_____	Basic 1	_____	Basic 2	_____	Basic 3	_____
Basic 4	_____	Basic 5	_____	Basic 6	_____	Basic 7	_____
Basic 8	_____	Freestyle 1	_____	Freestyle 2	_____	Freestyle 3	_____
Freestyle 4	_____	Freestyle 5	_____	Freestyle 6	_____	No Test	_____
Pre-Preliminary	_____	Preliminary	_____				

**Showcase**

Snowplow Sam	_____	Basic C	_____	Basic F	_____	Pre-Pre	_____
Basic A	_____	Basic D	_____	No Test A	_____	Preliminary	_____
Basic B	_____	Basic E	_____	No Test B	_____		

# Entry Fees:

First Event \$35.00      Additional Events \$10.00 x \_\_\_\_\_

Total \$\_\_\_\_\_

**All entries must be postmarked by Friday, April 11, 2009.**

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

**Send or turn in applications to:**

**Chrissy Imperiale**

**4975 Meadow Lane**

**Marietta, GA 30068**

Payment:

Cash \_\_\_\_\_      Check # \_\_\_\_\_

Visa                       Mastercard                       American Express

Credit Card Number \_\_\_\_\_      Exp. Date \_\_\_\_\_

Name as it appears on Card \_\_\_\_\_

Signature of Cardholder \_\_\_\_\_

Certification of Competitor: The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Marietta Ice Center harmless from any and all liability during practice and/or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature \_\_\_\_\_      Date \_\_\_\_\_

Instructor Signature \_\_\_\_\_      Date \_\_\_\_\_

Program Director/Club Officer \_\_\_\_\_      Date \_\_\_\_\_

Competitor Signature \_\_\_\_\_      Date \_\_\_\_\_

## Marietta Ice Center Spring Open Competition

### PRACTICE ICE RESERVATIONS

Practice ice will be available on Sunday May 17<sup>th</sup> 2009 at the following times

6:30-7:00 (Freeskate 1 to Preliminary)

7:00-7:30 (Freeskate 1 to Preliminary)

8:00-8:30 (Snowplow Sam to Basic 8)

Practice Ice must be reserved by May 1, 2009

The practice ice will be first come, first serve and your practice times will be posted on the Marietta Ice Center's Figure Skating Page. The cost is \$8.00 for 30 minutes. Practice ice, depending of availability, will be accepted after the May 1<sup>st</sup> due date at a cost of \$10.00 per session.

There will be NO REFUNDS for unused practice ice, under any circumstances

Mail request along with application to Chrissy Imperiale

### Practice Ice Reservation Form

Skater Name: \_\_\_\_\_

Competition Level: \_\_\_\_\_

Age: \_\_\_\_\_

Check all that apply:

6:30-7:00 (Freeskate 1 to Preliminary)

7:00-7:30 (Freeskate 1 to Preliminary)

8:00-8:30 (Snowplow Sam to Basic 8)

Total number of sessions \_\_\_\_\_ x \$8.00 = \_\_\_\_\_ check or money order made payable to **THE MARIETTA ICE CENTER.**